

# TALIA DELEO

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St. Paul, MN

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## TRAINING AND EDUCATION

<b>Harvard College</b> — <i>BA in Psychology, Theater, Dance, and Media Secondary</i>	2021-2025
<b>Ballet Co.Laboratory</b> — <i>Company Trainee and Pre-Professional Student</i>	2018-2021
<b>St. Paul Ballet</b> — <i>Pre-Professional Student</i>	2016-2018
<b>Triple L Dance Company</b> — <i>Student and Competition Team Dancer</i>	2015-2018

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## WORK AND LEADERSHIP EXPERIENCE

### **Choreography (Ballet Co.Laboratory, Harvard Ballet Company, American Swedish Institute 2021-2025)**

- Preparing choreography before rehearsal and teaching choreography to dancers
- Creating a concept of the work, seeking music and working with composers and live musicians
- Movement phrasing and workshops, personalizing solo moments to the individual dancer
- Cleaning and refining counts, timing, musicality, and technique, and blocking and spacing onstage
- Coordinating/designing costume and lighting with lighting/set designers

### **Dance Teaching (Harvard Ballet Company, 2021-2025)**

- Teaching company class, giving corrections for the individual dancer and understanding each dancer's unique anatomy
- Preparing ballet barre and center combinations and music before class

### **Assistant Dance Teaching (Visitation School, Fall 2025-Present)**

- Learning the Vaganova Ballet curriculum established at Visitation by Marius Andahazy
- Demonstrating combinations, giving corrections to students, collaborating with main teacher Anna Goodrich and creating ways to engage students, teaching ballet history

### **Minnesota Representative for the Chicago School of Musical Arts (Fall 2025-Present)**

- Establishing arts aftercare programming in schools throughout MN and Western WI
- Communicating with schools, recruiting music/dance/art teachers, providing arts to students

### **Dance Competition Judge (Triple S Dance Competition, 2026-Present)**

- Adjudicating and scoring dance pieces, awarding for choreography, musicality, and overall presentation
- Providing constructive feedback, evaluating dancers' technique, use of space, performance quality

### **“Beyond the Barre” Mentorship (Harvard Ballet Company, 2025)**

- Mentoring younger college students and answering questions, helping them explore various pathways in dance, researching dance programs for the student (summer intensives for college-age dancers, choreographic opportunities)

### **Guest Dance Artist (Ballet Co.Laboratory and Metropolitan Ballet, 2023 & 2025)**

- Guest dancing as Clara in *The Nutcracker* for the Metropolitan Ballet (2025)
- Guest dancing alongside company dancers in *Carmen* for Ballet Co.Laboratory (2023)

### **Front Desk Administration (Ballet Co.Laboratory, Summer 2023)**

- Checking in students - Mindbody experience
- Email and phone correspondence, coordinating studio calendars, helping with studio renters

### **Assistant Stage Manager (Ballet Co.Laboratory, May 2024 and 2025)**

- Pulling drop lines from offstage, placing setpieces and props, costumes, and setpieces
- Communication with stage manager, lighting, and sound designers, assisting dancers backstage

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## **CHOREOGRAPHY**

*whispered lightning* (2021)

Original Ballet Work by Talia DeLeo  
Ballet Co.Laboratory *Senior Showcase*  
Raspberry Island Pavilion, St. Paul, MN

*coastline* (2022)

Original Ballet Work by Talia DeLeo  
Harvard Ballet Company *On Exhibition*  
American Repertory Theater, Cambridge, MA

*haze* (2022)

Original Ballet Work by Talia DeLeo  
Harvard Ballet Company *Illusions*  
Harvard Dance Center, Cambridge, MA

*don't come looking for me* (2023)

Original Ballet-Character Work by Talia DeLeo  
Harvard Ballet Company *With Love*  
American Repertory Theater, Cambridge, MA

*knock on wood* (2024)

Original Ballet Work by Talia DeLeo  
Harvard Ballet Company *Serendipity*  
Harvard ArtsFirst Festival 2024  
American Repertory Theater, Cambridge, MA

*knock on wood (short film)* (2024)

Original Ballet Short Film by Talia DeLeo  
Videography by Giselle Paulson  
Office for the Arts at Harvard, Cambridge, MA

*poised* (2024)

Original Ballet Work by Talia DeLeo  
Harvard Ballet Company *Dawn*  
American Repertory Theater, Cambridge, MA

<i>heartland</i> (2025)	Original Ballet Work by Talia DeLeo Selected Choreographer from Harvard Ballet Company for Harvard ArtsFirst Festival 2025
<i>Violet</i> (2025)	Original Ballet Work by Talia DeLeo Harvard Ballet Company <i>Ephemera</i> Harvard Dance Center, Cambridge, MA
<i>mirage</i> (2025)	Original Contemporary-Ballet Short Film by Talia DeLeo Videography by Giselle Paulson Jose Mateo Ballet Theatre, Cambridge, MA
<i>Winter Solstice</i> (2025)	Original Contemporary-Ballet Work co- choreographed by Talia DeLeo American Swedish Institute Winter Solstice Event American Swedish Institute, Minneapolis, MN

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## SUMMER INTENSIVES

<b>Boston Ballet</b>	2018
<b>St. Paul Ballet</b>	2018
<b>Next Generation Ballet</b>	2019
<b>Ballet Co.Laboratory</b>	2019-2020

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## ADDITIONAL SKILLS/EXPERIENCE

- Research of Mental Health in Dancers, Theory of Mind in Watching Dance Performance, Dance across Cultures, and Watching Ballet as a Therapeutic Device (Harvard College)
- Dance experience in lyrical, contemporary, modern (Graham and Horton techniques), Flamenco, musical theater, jazz, character, improv, and ballet (Vaganova and Balanchine techniques)
- Childcare work
- Video editing experience
- Music editing experience
- Microsoft Excel experience
- Research Assistant in the Department of Psychology at the University of Minnesota
- Elementary School Volunteer
- Individual Tutoring (2021-Present)