

TALIA DELEO

Email: talia.deleo@comcast.net | Phone: 651-955-1145

St. Paul, MN

TRAINING AND EDUCATION

| | |
|---|-----------|
| Harvard College — <i>BA in Psychology, Theater, Dance, and Media Secondary</i> | 2021-2025 |
| Ballet Co.Laboratory — <i>Company Trainee and Pre-Professional Student</i> | 2018-2021 |
| St. Paul Ballet — <i>Pre-Professional Student</i> | 2016-2018 |
| Triple L Dance Company — <i>Student and Competition Team Dancer</i> | 2015-2018 |

WORK AND LEADERSHIP EXPERIENCE

Choreography (Ballet Co.Laboratory, Harvard Ballet Company, 2021-2025)

- Preparing choreography before rehearsal and teaching choreography to dancers
- Creating a concept, theme, and meaning of the work and seeking out music and working with composers and live musicians
- Movement phrasing and workshops, personalizing solo moments to the individual dancer
- Cleaning and refining counts, timing, musicality, and technique, and blocking and spacing onstage
- Coordinating/designing costume and lighting with lighting/set designers

Dance Teaching (Harvard Ballet Company, 2021-2025)

- Teaching company class, giving corrections for the individual dancer and understanding each dancer's unique anatomy
- Preparing ballet barre and center combinations and music before class

Assistant Dance Teaching (Visitation School, Fall 2025-Present)

- Learning the Vaganova Ballet curriculum established at Visitation by Marius Andahazy
- Demonstrating combinations, giving corrections to students, collaborating with main teacher Anna Goodrich and creating ways to engage students, teaching ballet history

Minnesota Representative for the Chicago School of Musical Arts (Fall 2025-Present)

- Establishing arts aftercare programming in schools throughout MN and Western WI
- Communicating with schools, recruiting music/dance/art teachers, providing arts to students

Dance Competition Judge (Triple S Dance Competition, 2026-Present)

- Adjudicating and scoring dance pieces, awarding for choreography, musicality, and overall presentation
- Providing constructive feedback, evaluating dancers' technique, use of space, performance quality

“Beyond the Barre” Mentorship (Harvard Ballet Company, 2025)

- Mentoring younger college students and answering their questions, helping them explore various pathways in dance, researching dance programs for the student (summer intensives for college-age dancers, choreographic opportunities)

Guest Dance Artist (Ballet Co.Laboratory and Metropolitan Ballet, 2023 & Present)

- Guest dancing as Clara in *The Nutcracker* for the Metropolitan Ballet (2025)
- Guest dancing alongside company dancers in *Carmen* for Ballet Co.Laboratory (2023)

Front Desk Administration (Ballet Co.Laboratory, Summer 2023)

- Checking in students - Mindbody experience
- Email and phone correspondence, coordinating studio calendars, helping with studio renters

Assistant Stage Manager (Ballet Co.Laboratory, May 2024 and 2025)

- Pulling drop lines from offstage, placing setpieces and props, costumes, and setpieces
- Communication with stage manager, lighting, and sound designers, assisting dancers backstage

CHOREOGRAPHY

whispered lightning (2021)

Original Ballet Work by Talia DeLeo
Ballet Co.Laboratory *Senior Showcase*
Raspberry Island Pavilion, St. Paul, MN

coastline (2022)

Original Ballet Work by Talia DeLeo
Harvard Ballet Company *On Exhibition*
American Repertory Theater, Cambridge, MA

haze (2022)

Original Ballet Work by Talia DeLeo
Harvard Ballet Company *Illusions*
Harvard Dance Center, Cambridge, MA

don't come looking for me (2023)

Original Ballet-Character Work by Talia DeLeo
Harvard Ballet Company *With Love*
American Repertory Theater, Cambridge, MA

knock on wood (2024)

Original Ballet Work by Talia DeLeo
Harvard Ballet Company *Serendipity*
Harvard ArtsFirst Festival 2024
American Repertory Theater, Cambridge, MA

knock on wood (short film) (2024)

Original Ballet Short Film by Talia DeLeo
Videography by Giselle Paulson
Office for the Arts at Harvard, Cambridge, MA

poised (2024)

Original Ballet Work by Talia DeLeo
Harvard Ballet Company *Dawn*
American Repertory Theater, Cambridge, MA

| | |
|-------------------------|---|
| <i>heartland</i> (2025) | Original Ballet Work by Talia DeLeo Selected Choreographer from Harvard Ballet Company for Harvard ArtsFirst Festival 2025 |
| <i>Violet</i> (2025) | Original Ballet Work by Talia DeLeo Harvard Ballet Company <i>Ephemera</i> Harvard Dance Center, Cambridge, MA |
| <i>mirage</i> (2025) | Original Contemporary-Ballet Short Film by Talia DeLeo Videography by Giselle Paulson Jose Mateo Ballet Theatre, Cambridge, MA |

SUMMER INTENSIVES

| | |
|-------------------------------|-----------|
| Boston Ballet | 2018 |
| St. Paul Ballet | 2018 |
| Next Generation Ballet | 2019 |
| Ballet Co.Laboratory | 2019-2020 |

ADDITIONAL SKILLS/EXPERIENCE

- Research of Mental Health in Dancers, Theory of Mind in Watching Dance Performance, Dance across Cultures, and Watching Ballet as a Therapeutic Device (Harvard College)
- Dance experience in lyrical, contemporary, modern (Graham and Horton techniques), Flamenco, musical theater, jazz, character, improv, and ballet (Vaganova and Balanchine techniques)
- Childcare work
- Video editing experience
- Music editing experience
- Microsoft Excel experience
- Research Assistant in the Department of Psychology at the University of Minnesota
- Elementary School Volunteer
- Individual Tutoring (2021-Present)